

CONTENTS

"Great Reading—Without the Ink Smudges & Paper Cuts!"



Yankee Doodle Dandy vacations—and deals for military families—on page 9.

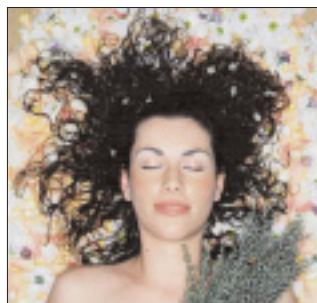
DEPARTMENTS

Editor's Note.....page 2
How Some Remarkable Women Are Reinventing Themselves

Female Finance.....page 16
Spending Your First Paycheck—and Other Finance Tips for College Grads
By Elizabeth Lewin

The Working Mom's Shrink.....page 20
Don't Take Money Worries into the Bedroom with You
By Marcia Eckerd, Ph.D.

Funny Business.....page 54
No Butts About It—Kicking This Habit Is Saving Me Dough—Plus What Not to Say to Your Smoker Friends
By Victoria Secunda



Page 7



Page 5

TIP BANK

Saving & Spending.....page 4
Spend 30 Minutes Stretching Your Paycheck

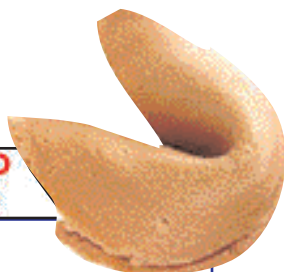
Cheap & Easy Eats.....page 5
Nice Rice Salads

Success Guide.....page 7
What Your Business Cards Say About You—and Why You Might Need More Than One

Loafing.....page 9
Some Yankee Doodle Dandy Summer Vacations

Cheap Chic.....page 11
Home Style: Dirt-Cheap Gardening Tips

Health = Wealth.....page 14
Get Chronic Coughs Off Your Chest



Page 7

MAKING BREAD Fortune Cookie

COMING SOON

- Wealth-Building Advice from "Sister CEO" Author Cheryl Broussard
- Hate Your Job? Use Your 'Power Tools' to Switch Careers
- Not 'The Nanny Diaries': What My Polish Au Pair Taught Me About Spending & Saving
- How Much Do We Owe Our Adult Children?
- Young Marrieds' Guide to Staying Out of Debt

PLUS

- Pre-Nup Prerequisites
- The Rules of Refinancing
- Relief for Your 'Working-from-Home Blues'

SUBSCRIBER BENEFITS

As an added benefit, subscribers to **MAKING BREAD's** bi-monthly e-zine, **THE MAKING BREAD MINI-MAG**, will automatically receive access to the **PREMIUM** content on www.makingbreadmagazine.com. The link to access all the savvy, sassy success stories and expert advice set aside for subscribers online will be e-mailed to you when we receive your payment. For more information, or to request your link, e-mail subs@makingbreadmagazine.com.

MAY/JUNE ISSUE

THE MAKING BREAD MINI-MAG™

READ **MAKING BREAD...**



AND YOU'LL BE ROLLING IN DOUGH!

FEATURES

BIZ WHIZ
What Do You Do When You've Lost Your Husband, Your Job, and Most of Your Money?.....Page 22
When Life Threw This Woman Some Curves, She Started a Fitness Club
By Elizabeth Kaminsky

'Don't Ignore Us . . . We Do the Most Important Work a Person Can Do!'.....Page 26
A First-Time Mother Is Up in Arms About How Working Women, Employers and Others Treat Stay-at-Home Moms
By Andrea J. Buchanan



Page 30

Know What You're Saying 'I Do' To.....Page 30
Love and Money Often Come with Strings Attached the Second (or Third) Time Around
By Patricia Schiff Estess

The MAKING BREAD Financial Makeover
She Lives on a Shoestring—and Splurges on \$765 Shoes.....Page 36
By Celia Burke, Marcia Eckerd, Ph. D., and Elizabeth Lewin

If You Must Be Broke, Be 'Flamboyantly Broke'.....Page 42
Novelist Carolyn See Shares How to Feed Four for \$5—Plus Wine—and Other Hard-Knocks Lessons Learned During a Hard-Luck Life
By Allison Acken, Ph.D.

What Do You Need to Feel at Home?.....Page 48
Moving Day Prompted This American in Paris to Think About What She Values Most
By Laurie M. Lesser



Page 26



Page 42



Page 48

Photos: left, Stockbyte; top, courtesy of Andrea J. Buchanan; middle, courtesy of Carolyn See; bottom, courtesy of Laurie M. Lesser; cover by Image Source/electraVision/PictureQuest.