

# CONTENTS

"Great Reading—Without the Ink Smudges & Paper Cuts!"



'Book' a flight of fancy for less than the cost of an airline ticket.

## DEPARTMENTS

**Editor's Note**.....page 2  
Happy Anniversary to Us!

**Female Finance**.....page 10  
The Fine Art of Transferring  
Credit-Card Balances  
By Elizabeth Lewin

**The Working Mom's Shrink**.....page 12  
Take Her Desert  
Island Challenge!  
By Marcia Eckerd, Ph.D.

**Funny Business**.....page 34  
If Women Ran the  
Fortune 500...Jock Talk  
Would Be Banned!  
By Victoria Secunda



## TIP BANK

**Saving & Spending**:.....page 4  
Get Your GOOD BUYS On Line

**Cheap & Easy Eats**:.....page 5  
YES, WE HAVE NO CAPERS . . .  
and Other KITCHEN CRISES  
That Might Be Avoided If  
You Buy in Bulk!

**Success Guide**:.....page 5  
What Your Office Décor  
Says About You

**Loafing**:.....page 7  
'Book' Your Inner Journey Now!

**Cheap Chic**:.....page 8  
My New Fall Wardrobe—for  
Less than \$100

**Health = Wealth**:.....page 9  
Back-to-School 'Supplies'  
That Protect Your Kids' Health

## COMING SOON

- Rich Friends, Poor Friends: Don't Let Money Come Between You!
- What I'm Teaching My Daughter About Money
- **MAKING BREAD CAREER GUIDE**  
Job Sharing: Would It Work for You?  
Home Work: Top 10 Careers You Can Conduct from Your House  
Network to Improve Your Net Worth: The Art of Making  
Profitable—and Enjoyable—Connections

### PLUS

- What to Do When Your Kids Have the Gimme's
- A Medical Savings Plan That Gives You Choices?!

## SUBSCRIBER BENEFITS

As an added benefit, subscribers to **MAKING BREAD's** bi-monthly e-zine, **THE MAKING BREAD MINI-MAG**, will automatically receive access to the **PREMIUM** content on [www.makingbreadmagazine.com](http://www.makingbreadmagazine.com). The link to access all the savvy, sassy success stories and expert advice set aside for subscribers online will be e-mailed to you when we receive your payment. **PLUS** a complimentary trial issue of the print edition of **MAKING BREAD** will be sent to you when we go to press. For more information, or to request your link, e-mail [subs@makingbreadmagazine.com](mailto:subs@makingbreadmagazine.com).

# SEPTEMBER/OCTOBER ISSUE THE MAKING BREAD MINI-MAG™

READ **MAKING BREAD...**



AND YOU'LL BE ROLLING IN DOUGH!

## FEATURES

**Biz Whiz**  
**What Do You Do When 'The Great American Dream' Doesn't Fit?**.....Page 14  
Opening an Art Gallery with Heart, This Woman  
Discovered That She Had a Hard Head for Business  
By Vivian Y. Shic



**Buy a House That Pays for Itself**.....Page 17  
It May Be the BEST INVESTMENT  
You Ever Make!  
By Sharon Sorokin, Esquire



**It's Mind Over (Financial) Matters**.....Page 22  
Try These 10 Easy Ways to CHANGE  
Your Spending Habits NOW!  
By Allison Acken, Ph.D.



**Spa Substitutes**.....Page 25  
Unwind for FREE with These Daily Stress-Busters  
By Nissa Simon



**401(K)NOW-HOW**.....Page 27  
No More Excuses! Use This Writer's Proven Advice  
for Finding the Money to Invest in Your Retirement.  
By James E. McWhinney



Fine Art (top right) courtesy of the Sande Webster Gallery; other photos by Stockbyte.